

PEZULA WELLNESS QUARTER

IN-SUITE MASSAGE JOURNEYS

EXCLUSIVE IN-SUITE MASSAGE JOURNEYS

FAMOUS PEZULA WELCOME MASSAGE.....R1 100 per couple / €59 / 30 min

There is nothing better than a relaxing massage after a long journey to relax, unwind and set the tone for your stay in beautiful Knysna. Our famous welcome massage consists of a 30-minute back and shoulder massage offered within the relaxation of your suite. The massage is only available to guests once and within 24 hours of their arrival. Limited packages are available daily and we encourage bookings to be made as soon as possible.

ROMANTIC MASSAGE AND HOT-TUB JOURNEY.....R3 475 per couple / €187 / 120+ min

Enjoy a couples aromatherapy massage in the comfort and luxury of your private suite. The journey starts off with a combination of essential oils being massaged into your body, followed by an organic bath soak in your private wood-fired hot tub. You can expect a lit crackling fireplace on cooler days, plush gowns waiting to wrap you and romantic lantern candles setting the mood. The journey is perfectly paired with a glass of local sparkling wine and a fruit platter. On request, as an additional complimentary service, we will discreetly refill the wood for the hot tub and cover the water to allow the tub to be ready should you wish to make use of it again the following morning.

ROMANCE AND BLISS.....R2 850 per couple / €153 / 120+ min

Experience a therapeutic couples massage which focuses on superficial muscles. The classic Swedish massage increases blood flow and relaxes the entire body. End of the journey with a cheese platter and local sparkling wine in-front of the lit wood fireplace in the comfort of your suite.

WOOD-FIRED HOT TUB EXPERIENCES

Your accommodation includes one complimentary wood-fired hot tub service. The hot tub will be prepared and ready at a time advised by you at no charge. The hot tub takes 1 hour and 15 minutes to achieve a comfortable temperature.

BUTLER STYLE HOT TUB SERVICE.....R350 / €19

The hot tub will be prepared by lighting the fire and will be ready for your enjoyment at a requested time.

ROMANTIC HOT TUB EXPERIENCE.....R550 / €30

A romantic setting will be created at your private wood-fired hot tub, including towels, plush robes, slippers, candlelit lanterns, a bottle of local sparkling wine and chocolate dipped fruit.

EARLY MORNING COFFEE IN THE HOT TUB.....R450 / €24

Have your hot tub session continue the following morning by arranging a refresh service which consist of our staff discreetly topping up the firewood and relighting the hot tub fire, remove all candles and towels and replace them with fresh ones and a ThermoFlask of freshly brewed coffee. Upon waking up the next morning, you can enjoy a morning nature hot tub immersion complete with a steaming cup of coffee.

*Alternative hot beverages are available on request

ICETUB IMMERSION (by special arrangement).....R800 / €24

Enjoy an ice-water immersion in your private hot tub where instead of lighting a fire, buckets of ice will be added to the tub. Cold water immersion boosts cardiovascular circulation, which is beneficial for a healthy heart, a strong immune system, well-balanced mental health, and a high level of energy. A ThermoFlask with freshly brewed coffee will be waiting right next to the tub for your enjoyment.

4-HAND MASSAGE JOURNEYS

A 4-hand massage consists of 2 therapists who practice synchronized massage movements. It is a unique experience that improves health and well-being, doubling all massage benefits and resulting in faster and better relaxation.

Scalp and Neck + Soothed Soles (Feet)	R1 150 single / €62 / 30 min
Back, Neck and Shoulder + Cooling Leg Treatment	R1 250 single / €67 / 45 min
Swedish	R1 625 single / €87 / 45 min
Aromatherapy	R1 700 single / €91 / 45 min
Deep Tissue	R1 820 single / €98 / 45 min
Traveller's Tension.....	R1 250 single / €67 / 45 min
<i>Release travel tension with a scalp, neck and shoulder massage followed by a pressure point foot and leg massage.</i>	

DOUBLE MASSAGE JOURNEY

Relax and unwind with our in-suite massage treatment offers. Mobile spa beds will be placed in your suite allowing for complete privacy and comfort.

Scalp and Neck + Soothed Soles (Feet)	R2 300 double / €123 / 60 min
Back, Neck and Shoulder + Cooling Leg Treatment	R2 500 double / €134 / 90 min
Swedish	R2 300 double / €123 / 60 min
Aromatherapy	R2 400 double / €129 / 60 min
Deep Tissue	R2 560 double / €137 / 60 min
Traveller's Tension.....	R1 800 double / €97 / 60 min
<i>Release travel tension with a scalp, neck and shoulder massage followed by a pressure point foot and leg massage.</i>	

Additional Time..... R250 / €13 / 15 min

